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IN-STEP Program Brief for:

“So U Think U No It All.”

Developed by: **IN-STEP**
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Introduction

Youth Connections Provider, IN-STeP, is a not-for-profit community based organisation that helps 14-18 year olds gain the skills, experience and confidence to re-engage with education, training or employment.

Youth Connections links with schools, JSA's, TAFE's, RTO's, Youth service providers, Centrelink and self referrals to provide and assist Youth to improve their future prospects.

The aim of this brief is to map out how IN-STeP will provide this activity and what IN-STeP is trying to achieve by running it.

Program

The "So u think u no it all" approach will promote the development of young people enabling them look at healthy lifestyle choices, dress and presentation. This approach will build a foundation for them to develop an understanding of why a positive self image and good manners are important to success in life. It will also increase their level of empowerment to communicate effectively on various levels with confidence and consideration of other's diversities in their community.

The approach will include, however not be exclusive to, education of behaviours and consequences; projection of self image and how it may be perceived and/or accepted by others; the importance of personal hygiene; manners and respect.

Projected Outcomes

- Self esteem building
- Self image
- Building resilience & promoting wellbeing
- Personal skills development
- Career and life skill preparedness
- Support positive life choices

Purpose of Program

To dialog with young people about functioning well in society, the value of respect, how to treat others with this and gaining respect from peers. It will also expand on strategies on integrity in oneself highlighting moral standards and the ability to value other's ideals.

Timing

This program is designed to be presented in a group situation on a quarterly basis running for a 2 hour sessions, weekly for 4 weeks.

Summary

“So u think u no it all” will provide a flexible and individualised approach in the development of young people. The objective of the “So u think u no it all” approach is to illustrate how young people can gain a sense of self, family, community and most importantly their future. Ideally the young people will complete the program with a renewed sense of self worth strengthening their visions, breaking societal barriers and developing a stronger, positive approach to setting future goals and reinforcing their right to be an active member of the community.

About the Youth Connections Program

The Youth Connections Program aims at re-engaging youth into education, training or employment. IN-STeP intends to achieve this service delivery via methods of fun learning activities, group tutorials and provision of individualised case management to overcome personal barriers. Our goal is to assist youth to gain the necessary skills and knowledge to achieve their goals

If you require further information, please contact:

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