



IN-STeP: Industry-School Training Partnership Association Inc.
ABN: 38 084 724 327

PO Box 825
Aitkenvale
QLD 4814

Phone: 4725 2688
Fax: 4725 2699

IN-STeP Program Brief for:

Love Bites Program

Developed by: **NAPCAN presented by IN-STeP**
Date: **17 March 2010**

Introduction

IN-STeP is a not-for-profit community based organization that began in 1995 under its original name: the Townsville Thuringowa School Industry Training Program. Today IN-STeP has grown into an organisation that assists youth at risk, disengaged youth and assists them to make better life choices.

IN-STeP has also developed a reputation for assisting all young people with advice on their futures or connecting them to the support agencies that can assist with their individual needs.

The intent of this brief is to map out how IN-STeP will provide this program and what IN-STeP is aiming to achieve by running it.

Program

Over the last year IN-STeP has recognised a growing number of youth involved in unhealthy relationships some including violence and intimidation. IN-STeP has recognised the need for a 'healthy relationships' program to be run with young people with the aim to reduce this growing number.

Love Bites is a program designed by NAPCAN to educate youth in the fields of preventing domestic violence and sexual assault. In-STeP has taken the lead with this program and is in partnership with other providers such as North Queensland Domestic Violence Recourse Service, Headspace, The Women's Centre, ACT for Kids and the Queensland Police Service to deliver the program to its full potential.

IN-STeP's Love Bites program will be a course held over 2 weeks with 4 sessions running half a day twice per week and will involve discussions and activities on topics such as texting sexual materials, bullying, domestic violence, sexual harassment, sexual assault, what is consent and how to gain consent.

Art sessions have been structured with the aim of young people re-enforcing what they have learnt through art and the media. Participants will have a choice of whether they want to work on radio ads, hip hop or posters which will be delivered to the general public on special domestic violence awareness days or through community organisations. This is completed with the assistance of art teachers, dance and hip hop instructors and English teachers.

The program aims to teach youth about the issues mentioned above and preventative strategies should they come across such a situation. It also serves to educate youth on services and support agencies they can call upon if they find themselves in such a situation.

Timing

Timing for this program will run for 2 weeks with four sessions running for ½ a day twice per week. The sessions will be structured as 2 half days covering Domestic Violence and 2 half days covering Sexual Assault and Sexual Harassment.

Summary

Life deals us many cards with the relationship card being uncharted waters for many young people. Love Bites will arm youth with the skills to make positive choices around intimate relationships.

Love Bites will assist with the education and implementation of healthy relationships in a young person's life. The Love Bites Program not only will educate young people about Domestic Violence and Sexual Assault, it will teach young people about self respect, positive choices, increase self esteem and assist with problem solving.

About the Youth Connections Program

The Youth Connections Program aims at re-engaging youth into education, training or employment. IN-STeP intends to achieve this service delivery via methods of fun learning activities, group tutorials and provision of individualised case management to overcome personal barriers. Our goal is to assist youth to gain the necessary skills and knowledge to achieve their goals

If you require further information, please contact:

IN-STeP: Industry-School Training Partnership Association Inc.
Unit 1, 31 Fleming St, Aitkenvale Qld 4814
PO Box 825, Aitkenvale Qld 4814

Phone: 1800 02 18 28
Phone: 07 47252688
Fax: 07 47252699
Email: in-step@in-step.com.au
Website: www.in-step.com.au